



Monthly Journal of
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "a Wholly Charitable Trust" U/S. 12A of I.T. Act 1961

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Defence
Pensioners

**Revision of Pension of Pre-2006 pensioners with
Less than 33 years of service.**

Circular No: C-149

To, No. GI/C/0198/Vol-V/Tech, O/o. the Pr. C.D.A. (Pensions) Draupadighat, Allahabad-211014, dt. 8.4.2016

The Treasury Officer,
The PO-Master, Kathua, Srinagar (J&K),
The PO-Master, Campbell Bay (Andaman & Nicobar)
The Defence Pension Disbursing Officer

Pay & Accounts Officer

Military & Air Attache, Indian Embassy, Kathmandu, Nepal
(through Gorkha Record Officer, Kurnaghat, Gorakhpur)
Director of Accounts, Panji (Goa)
Finance Secretary, Gangtok, PO-I, Thimpu Bhutan
The General Manager (Nodal Officer, PSBs)
All Managers, CPPC of Public Sector Banks,
All Managers, CPPC of Authorized Private Banks,

Subject: Revision of pension of Pre-2006 pensioners

Reference: This office Important Circulars No. 102 dated 11.2.2013 & C-144 dated 14.8.2015

Attention of all Pension Disbursing
Authorities is invited to above cited Circulars
wherein instructions had been issued for
implementation of GoI, Ministry of P, PG and

Pensions, Deptt. of P&PW OM No. 38/37/08-
P&PW(A), dated 28 January, 2013 w.e.f.
1.1.2006. According to these Orders "The
revised pension of the pre-2006 Pensioners shall

not be less than 50% of the minimum of the Pay Band + Grade Pay, corresponding to the pre-revised Pay Scale from which Pensioner had retired, as arrived at with reference to the fitment tables annexed to Ministry of Finance, Department of Expenditure OM No. 1.1.2008-IC dated 30th August, 2008, subject to the pension so arrived will be reduced pro-rata, where the Pensioner had less than the maximum required service for full pension as per rule 49 of the CCS (Pension) Rules, 1972 as applicable before 1.1.2006 and in no case it will be less than Rs. 3500/- p.m."

2. Now, Govt, Ministry of P, PG and Pension, Dept. of P&PW have further issued Order under their OM No. 38/37/08 P&PW (A) dated 6th April, 2016, that "The revised consolidated pension of pre-2006 Pensioners shall not be lower than 50% of the sum of minimum of the Pay in the Pay Band and the Grade Pay (wherever applicable) corresponding to the pre-revised Pay Scale as per fitment table annexed to Ministry of Finance, Department of Expenditure OM No. 1.1.2008-IC dated 30th August, 2008 without pro-rata reduction of pension even if they had qualifying service of less than 33 years at the time of retirement." Accordingly, Para 5 of the OM dated 28.1.2013 would stand deleted. The arrears of revised

pension would be payable with effect from 1.1.2006

3. In case of consolidated pension calculated as per Para 4.1 of OM No. 38/37/08-P&PW (A) dated 1.9.2008 is higher than the pension calculated in the manner indicated in the OM dated 6th April 2016, the same (higher consolidated pension) will continue to be treated as basic pension.

4. All other conditions as given in OM No. 38/37/08-P&PW (A) dated 1.9.2008, as amended from time to time shall remain unchanged.

5. All Pension Disbursing Authorities (PDAs) are therefore, requested to revise the pension in affected cases in terms of Govt. OM No. 38/37/08-P&PW(A), dated 6.4.2016 w.e.f. 1.1.2006. Payment made w.e.f. 1.1.2006 will be adjusted against the arrears now being paid and these cases may be reflected in the monthly account sent to this office as 'change item.

6. Where the PDAs are in doubt in regulating the payment of revised pension under these Orders, the cases with full details of Pensioner and PPO number etc. may be referred to Audit Section of this office for advice and further action.

Annual General Body Meeting-2016

The Annual General Body Meeting of the Association will be held on Saturday the 4th June 2016 at 9-30 a.m. in NGO's Hall, Cubbon Park, Bangalore-560001 (Opposite MS Building/Vikasa Soudha). Formal Notice of the AGB in page- 14 of April 2016 issue of the journal

Addition to the list of Members to be felicitated in the AGB on 4-6-2016 published in March-2016 issue of the journal

LM-1272 :Sri Venkatagiriappa, Retd. Divisional Engineer, CTSD, Bangalore

OROP
PRESENTATION TO HON'BLE JUSTICE L.N. REDDY COMMITTEE
BY INDIAN EX-SERVICES LEAGUE

MAJOR ISSUES

- Definition of OROP
- Pension at Maximum of the scale rather than average of maximum and minimum.
- Equalisation every Year
- PMR/VRS Clause be deleted.

DEFINITION OF OROP
KOSHIYARI COMMITTEE

One Rank One Pension (OROP) implies that uniform pension be paid to the Armed Forces Personnel retiring in the same rank with the same length of service irrespective of their date of retirement and **any future enhancement in the rates of pension to be automatically passed on to the past pensioners.** This implies bridging the gap between the rate of pension of the current pensioners and the past pensioners, and also future enhancements in the rate of pension to be automatically passed on to the past pensioners.

COMMITTEE OF SECRETARIES-2009

Ex-Servicemen Associations have been demanding the grant of 'One Rank One Pension' for many years. One Rank One Pension' implies that uniform pension be paid to the Armed Forces personnel retiring in the same rank with the same length of service irrespective of their date of retirement and **any future enhancement in the rates of pension be automatically passed on to the past pensioners.**

02 December 2014

Implementation of One Rank One Pension

The Principle of One Rank One Pension for the Armed Forces has been accepted by the Govt. The modalities for implementation was discussed with various

stakeholders and are presently under consideration of the Govt. It will be implemented once the modalities are approved by the Govt.

This information was given by Minister of State for Defence Rao Inderjit Singh in a written reply to Shri Rajeev Chandrasekhar in Rajya Sabha.

DEFINITION AS GIVEN IN GOVT
NOTIFICATION ON 07 NOV 2015

It has now been decided to implement "One Rank One Pension" (OROP) for the Ex-Servicemen with effect from 01.07.2014. OROP implies that uniform pension be paid to the Defence Forces Personnel retiring in the same rank with the same length of service, regardless of their date of retirement, **which implies bridging the gap between the rates of pension of current and past pensioners at periodic intervals**

PENSION AT MAXIMUM SCALE

- ◆ Promotion not Uniform.
- ◆ Unit / Record Promotion
- ◆ Vacancies not uniformly distributed.
- ◆ Tenures and Retirement policies vary.

EQUALISATION

Against the principle of accepted definition of OROP.

Not likely to cost much.

Shall generate goodwill.

PMR

- ◆ Reserve Liability.
- ◆ Necessity to keep Armed Forces young.
- ◆ Restricted Promotional Avenue.
- ◆ 7th CPC has laid no such riders.

ISSUES : JCOs/OR

- ▲ Pension always based on 'Maximum of

the Scale'. In 6th CPC, no Scale but Pay Bands were given, Notional Maximum created which is not correct.

- ▲ ACP for Past Retirees be given.
- ▲ TA Subedar at 28 years is getting Rs 12660/- as against Rs 12268/- to an Army Subedar of regular Army (Data on which it has been based must be shared).
- ▲ Honorary Ranks must be granted same pension as equivalent ranks.
- ▲ Reservists have not been considered for revision of pension. Numbers are few and deserve to be considered.

ISSUES : OFFERS

- ▲ Majors who have served as officers for more than 21 years should be given Lt Col's pension. No cutoff Date. Numbers are few.
- ▲ Lt Colonels, especially selection grade, who had completed 26 years service should get Colonel's pension.
- ▲ All Lt Generals i.e HAG, HAG+ and Army Commanders should be in one Category being Lt Gens and for purpose of pension should be at par.
- ▲ MSP to be granted to all Maj Generals equivalents and above.

Hony Lts & Capts Vs Commissioned Officers Lt & Capt.

- ▲ These two ranks are two different classes apart hence cannot be equated for want of live data.

OTHER IMPORTANT ISSUES

- ▲ Rank For Pension – Rank last held and Rank for Pension different in case of Pre 2006 retirees. This stipulation no more applicable thus OROP should be based on "Rank Last Held" as per latest policy (Earlier accepted and reintroduced now).
- ▲ Rounding Off Qualifying Service – Various rounding off methods are applicable, these should be made uniform.
- ▲ Corrections of Tables.
- ▲ Payment of Arrears – Pensioners above 80 yrs of age should also be paid arrears in one instalment.
- ▲ Counting of pre-commissioned service for Pension.
- ▲ Transformation to 7th CPC.

TRANSPARENCY and inclusion of Service HQs and Veterans

Good News for Central Government Pensioners

Provide your Aadhaar Number to your Bank now and be at ease in November every year

Special Aadhaar Seeding and Registration Camp

At your own Bank branch

From 30th May to 10th June 2016

Bring PPO, Bank Pass Book and Aadhaar Card

If you do not have Aadhaar number also carry a photo ID

With the Aadhaar option you can submit

Digital Life Certificate in November

FROM

* Home PC/Mobile Phone * Nearest Branch of your Bank

* Nearest Common Service Centre * Anywhere in the Country or the World

Issued in the interest of Central Government Pensioners by:

Government of India

Department of Pension and Pensioners' Welfare

Defence Pensioners

As on 01.04.2015 the Defence Accounts Department is servicing 24.61 lakh Pensioners, spread across the country.

Sl.No.	Category	Number of Pensioners
1.	Commissioned Officers	58,754
2.	P.B.O.R.	18,40,809
3.	Defence Civilians	5,62,088
	Total	24,61,651

The details of Pensioners drawing pension from various PDAs is summarized as under:

Sl.No.	Name of PDA	Number of Pensioners
1.	Public/Private Sector Banks	18,42,092
2.	DPDOs	4,60,336
3.	Distt. Treasuries	60,752
4.	IE Nepal	92,876
5.	Post Offices	4,496
6.	PAOs	1,099
	Total	24,61,651

On an average 45,000 Defence Forces personnel and Defence civilians retire every year and become part of Pensioners' strength. While working out the data base of Pensioners as on a given date, average wastages out of the Pensioners' data base are worked out to arrive at the number of Defence Pensioners on a particular date.

The Defence Pensioners are spread over the length and breadth of the country. The major pockets having concentration of Defence Pensioners are states of Himachal Pradesh, Haryana, Punjab, Uttar Pradesh, Bihar, Maharashtra, Tamil Nadu and Kerala among others.

BSNL

Merger of 78.2% of IDA with pension – Status

An advance copy of the Cabinet Note on 78.2% has been submitted to Prime Minister's Office (PMO) and five copies have been sent to Cabinet Secretariat simultaneously. Further action is expected to be taken in one week.

Source:AIBSNLPWA

**Grant of Dearness Relief to CPF beneficiaries in receipt of
ex-gratia payment w.e.f. 1.1.2016.**

O.M. No. F.No.42/06/2016-P&PW(G) Gol, Ministry of Personnel, Public Grievances & Pensions, Department of Pension & Pensioners' Welfare, dated 3rd May, 2016.

In continuation of this Department's OM No. 42/10/2014-P&PW(G) dated 28th October 2015, the President is pleased to grant the Dearness Relief at the rate of 5th CPC w.e.f. 1.1.2016 to the following.

- (i) The surviving CPF beneficiaries who have retired from service between the period 18.11.1960 to 31.12.1985 and are in receipt of ex-gratia @ Rs. 600/- p.m. w.e.f. 1.11.1997 under the Department's OM No. 45/52/97-P&PW(E) dated 16.12.1997 & revised to Rs. 3000. Rs. 1000 Rs. 750 & Rs. 650 for Group A, B, C & D respectively w.e.f. 4th June 2013 vide OM No. 1/10/2012-P&PW(E) dated 27th June, 2013 are entitled to Dearness Relief @ 245% w.e.f. 1.1.2016.
- (ii) The following categories of CPF beneficiaries who are in receipt of ex-gratia payment in terms of this Department's OM No. 45/52/97-P&PW(E) dated 16.12.1997 are entitled to DR @237% w.e.f. 1.1.2016.

- (a) The widows and dependent children of the deceased CPF beneficiary who had retired from service prior to 1.1.1986 or who had died while in service prior to 1.1.1986 and are in receipt of Ex-gratia payment of Rs. 605/ p.m. & revised to Rs 645/- p.m with effect from 4th June 2013 vide OM No. 1/10/2012-P&PW(E) dated 27th June, 2013.
- (b) Central Government employees who had retired on CPF benefits before 18.11.1960 and are in receipt of Ex-gratia payment of Rs. 654/-, Rs. 703/- and Rs. 965/-

2. Payment of DR involving a fraction of a rupee shall be rounded off to the next higher rupee. In their application to the Indian Audit and Accounts Department these Orders issue in consultation with the C&AG.

3. This issues as per Ministry of Finance, Department of Expenditure vide their OM No. 1(4)/EV/2004 dated 25.5.2015 and OM No. 1(3)/2008-E/II(B) dated 22.4.2016.

Mother is selfless nature's creation

After his father's death, the Son decided to leave his mother at an old age home and visited her on and off.

Once he received a call from the old age home. Your mom is very serious please come and visit her.

So the son went and saw that his mom was very critical and on her dying bed.

He asked: Mom what can I do for you.

Mom replied : "Please install fans in the old age home, as there are none. Also put a fridge for betterment of food because many times I slept without food".

The son was surprised and asked : Mom, while you were here you never complained, but now you have few hours left and you are telling me all this, why?

Mom replied: "It's OK dear, I've managed with the heat, hunger & pain, but when your children will send you here, I am afraid you will not be **able to manage!**"

Special benefit in cases of death and disability in service-Revision of Disability Pension/Family pension of Pre-2006 Disability Pensioners/ Family Pensioners-regarding

O.M. No. 45/3/2008-P&PW(F), GoI, Ministry of Personnel, Public Grievances & Pensions, Department of Pension & Pensioners' Welfare, dated the 29th April, 2016.

The undersigned is directed to say that the pension of Pensioners/Family Pensioners who were drawing pensin/family pension as on 1.1.2006 under the CCS (EOP) Rules was to be revised in accordance with Department of Pension & Pensioners' Welfare OM No. 38/37/2008-P&PW(A) dated 1.9.2008. Accordingly, instructions were issued vide this Department OM of even number dated 30th September 2010 for extension of benefits of modified parity to past pensioners for revision of disability pension/family pension covered under CCS(EOP) Rules.

2. Orders were issued vide this Department OM No. 38/37/2008-P&PW(A) dated 28th January, 2013 for further stepping up of normal pension/family pension to 50%/30% of the sum of minimum Pay in the Pay Band and Grade Pay corresponding to the pre-revised Pay Scales from which the Pensioner had retired as arrived at with reference to the fitment table annexed to the Ministry of Finance. Department of Expenditure OM No. 1/1/2008-IC dated 30th August 2008. It was decided to extend this benefit to pre-2006 disability pensioner/family pensioner covered under the Central Civil Services (Extraordinary Pension) Rules vide this Departments OM of even number dated 20.11.2014.

3. Orders have been issued vide this Departments OM No. 38/37/2008-P&PW(A)

dated 30.7.2015 to revise the pension/family pension of all pre-2006 pensioners/family pensioners in accordance with this Departments OM No. 38/37/2008-P&PW(A) dated 28.1.2013 with effect from 1.1.2006 instead of 24.9.2012. Accordingly, it has been decided that the benefit of revision of disability pension/extraordinary family pension in terms of this Departments OM of even number dated 20.11.2014 would also be applicable w.e.f. 1.1.2006 instead of 24.9.2012.

4. All other terms and conditions in the OM dated 3.2.2000 as amended vide OM No. 45/3/2008-P&PW(F) dated 18.11.2008. 30.9.2010 and 20.11.2014 shall remain unchanged.

5. This issues with the concurrence of the Ministry of Finance, Department Expenditure vide their I.D Note No. 1(5)/EV/2012 dated 23.2.2016.

6. All Ministries/Departments are requested to bring the contents of these Orders to the notice of Controller of Accounts/Pay and Accounts Officers and Attached and Subordinate Offices under them on a top priority basis. All Pension Disbursing Officers are also advised to prominently display these Orders on their notice boards for the benefits of disability pensioners/ family pensioners.

7. Hinidi version will follow.

For the attention of Members of 75 years and 75 + who have confirmed their attendance in the felicitation function in the Annual General Body Meeting on 4-6-2016

Members who are absolutely in need of assistance of an attendant to come to the venue of the AGB for being felicitated, may bring with them **one person** to help them.

Separate seating arrangement will be made for them.

They may, please inform the person at the Reception Counter of their presence in the venue, who will guide them to their seats in the Auditorium.

**Grant of family pension to a disabled child/sibling-Clarification sought
by Ministry of Railways**

O.M. No. 1/18/2001-P&PW(E) Vol.II. Gol. Dept. of P&PW. dated 25/27.1.2016.

The undersigned is directed to refer to Ministry of Railways Office Memorandum No. F(E)III/2005/PN1/32 dated the 9th December, 2015 seeking the following clarifications:-

If in a case the employee/pensioner or his/her spouse did not furnish/intimate the details of the handicapped child to the Pension Sanctining Authority during their lifetime and after the death of his/her parents, family pension is claimed by a handicapped child, in this case whether the family pension will be admissible if he/she:

- (a) Produces a medical certificate issued after death of his/her parents.
- (b) Produces a medical certificate issued before the death of his/her parents but the same is not as per rules.

2. It had been clarified previously vide OM No. 1/2/09-P&PW(E), dated the 30th December, 2009 that non-intimation of physical/mental handicap does not make a person ineligible for family pension.

3. A disability certificate issued after the death of the Employee/Pensioner or his/her spouse for a disability which existed before their death may be accepted by the Appointing Authority if he is satisfied that (i) it renders him or her unable to earn a living (ii) he/she was suffering from that diability on the crucial date, i.e. on the date of death of Pensioners/Employee or his spouse, whichever was later.

4. If a disability certificate has been obtained for a permanent disability previously, there is no requirement of obtaining a disability certificate afresh as has already been made clear in Rule 54(6) and this department's OM No. 1/18/01-P&PW(E)(Vol.II) dated the 30th September, 2014 and 5th November, 2015.

5. It is also clarified that the criteria for disabled siblings is same as above.

6. This issues with the approval of Competent Authority.

7th Pay Commission

Sri Shivagopal Mishra, Secretary, Staff Side, National Council, JCM and Convener, National Joint Council of Action, met the Cabinet Secretary on 5-5-2016 and conveyed the anguish of the Central Govt. Employees over the inordinate delay in implementation of 7th CPC recommendations. He requested the Cabinet Secretary to arrange for a meeting of the NC, JCM for discussing all the issues raised by the Staff side. He also demanded that the views of the Official side should be made known to the Staff side on all the demands raised by the Staff side. The Cabinet Secretary reportedly agreed to hold a meeting with some of the Secretaries, particularly with the Secretaries of Dept of Expenditure & DoPT.

Sri Mishra assumes that a Cabinet note is being prepared and is likely to be submitted to the Central Cabinet shortly. He further reports that he is not sure about inclusion of the demands of the staff side (on minimum wage & fitment formula) in the Cabinet note being prepared.

Courtesy: NFPE

28th meeting of Standing Committee of Voluntary Agencies (SCOVA) rescheduled

The 28th meeting of SCOVA which was to be held on 16-5-2016 has been rescheduled to be held on 27-6-2016. This was necessitated owing to the elections in the States of Kerala & Tamilnadu held on 16-5-2016

Swachh Bharat Pakhwada (May 16-31, 2016) Action Plan for Pensioners' Associations.

Letter No. 55/10/2016/ P&PW(C) dated 9.5.2016 Gol, Ministry of Personnel, P.G. and Pensions, Department of Pension and Pensioners' Welfare.

To
The Secretary / President
All identified Pensioners' Association
(As per enclosed list)

Sir,

As you are aware, Government of India has launched Swachh Bharat Mission to achieve total sanitation and cleanliness by 2nd October, 2019, It has, therefore, been desired that each Ministry, based on the Ministry's areas of responsibility, draw out and implement at least a fortnight long action plan every year to bring into focus, its contribution towards Swachh Bharat Mission and also to carry out substantive work related to Swachha.

2. As a step towards this direction, this Department has prepared an action plan, to involve Pensioners' Associations identified under Pensioners' Portal in this mission, with special reference to 'Swachh Bharat Pakhwada' being observed during May 16-31, 2016. Under

the proposed action plan, Pensioners' Associations are expected to:-

- (i) Organize a mass pledge by members of Pensioners' Associations (copy enclosed)
- (ii) Sensitize their members on cleanliness in their neighborhood

3. In view of above you are requested to observe the Swachh Bharat Pakhwada during May 16-31, 2016 by organizing the above activities by involving members of your Pensioners' Association

4. You are also requested to take photographs of activities undertaken by you during the Pakhwada and send the same along with a report on the activities undertaken by your Association, immediately after duration of the Pakhwada, for uploading the same on Pensioners' Portal website.

Encl: (i) Swachhta Pledge
(ii) Message

Swachhta Pledge

- Mahatma Gandhi had dreamed of an India which was not only free but also free, clean and developed.
- Mahatma Gandhi secured freedom for Mother India.
- Now it is our duty to serve Mother India by keeping the country neat and clean.
- I take this pledge that I will remain committed towards cleanliness and devote time for this.
- I will devote 100 hours per year that is two hours per week to voluntary work for cleanliness
- I will neither litter nor let others to litter.
- I will initiate the quest for cleanliness with

myself, my family, my locality, my village and workplace.

- I believe that the countries of the world that appear clean are so because their citizens don't indulge in littering nor do they allow it to happen.
- With this firm belief, I will propagate the message of Swachh Bharat Mission in villages and towns.
- I will encourage 100 other person to take this pledge which I am taking today
- I will endeavour to make them devote their 100 hours of cleanliness
- I am confident that every step I take towards cleanliness will help make my country clean.

Legal Matters

1. Grant of upgraded Pay Scales to Income Tax Officers / Income Tax Inspectors w.e.f 1-1-1996

OA 86 /2008 filed by Income Tax Gazetted Officers Association, Mumbai was allowed by CAT Mumbai on 17-1-2012. Writ petition filed by the Government - WP 9649/2012 came up for hearing on 23-1-2016. Adjourned to 24-6-2016

2. BSNL

Anomaly in fixation of pay of BSNL employees who retired between 1-10-2000 and 31-7-2001 ie. within 10 months of formation of BSNL

O.A.NO.2173/2014 before CAT, Principal Bench, Delhi. Came up for hearing on 25-4-2016 adjourned to 28-7-2016

3. Complete parity in pension between pre-2006 & post-2006 retirees of grade S -30.

OA.937/2010 filed by All India S-30 Pensioners' Association & OA 2101/2010 were allowed by a common Order passed by CAT, Principal Bench, New Delhi, on 20-11-2014. Extract of the Order given in page 4 of Pensioners' Champion- December 2014.

Review Application No. RA 10/2015 filed by S-30 Pensioners' Association was disposed of by an Order passed by the CAT on 24-9-2015 wherein it has been ordered that "the basic pension of pre-2006 retirees in S-30 should be fixed such that it is not less than Rs.38,500/." Extracts of the parts of the operative part of the judgement given in pages 7-8 of October 2015 issue. UoI had filed a Writ Petition No. WP(C) 5327/2015 in the Hon'ble High Court of Delhi.

The Secretary, All India S-30 Pensioners' Association in his email informs that the Writ petition which came up for hearing on 19-5-2016 was dismissed as withdrawn and the Govt. may file a fresh WP. The Association also intends filing a WP seeking arrears from 01.01.2006 instead of from the date of filing the OA on 11.3.2010.

ATLAST, GOVERNMENT OF INDIA IS LIKELY TO AMEND PROVISIONS OF PENSION ACT, 1871.

One of the tasks undertaken by the BJP government as soon as it came to power at the Centre was to take action to repeal all obsolete/archaic laws still existing in the statute. The 20th Law Commission (1-9-2012 to 31-8-2015) had undertaken this job and invited suggestions from all Stake Holders. Our Association had taken the trouble of writing to the Member-Secretary, Law Commission, New Delhi pointing out details of obsolete sections of the Pension Act, 1871, which are detrimental to the interest of Pensioners, **some of which even violate provisions of the Constitution of India and the CCS (Pension) Rules, 1972**-almost a repetition of what we incorporated in the Common Memorandum submitted to the VI Central Pay Commission.

It is now learnt through the press (Deccan Herald dt. 10-05-2016) that the Government of India in the Ministry of Personnel, Public Grievances and Pensions had recently called a meeting to elicit views of select Ministries on the proposal to scrap Pension Act or to amend rules regulating various pensions given by them-according to minutes of the meeting. It appears that the Department of Financial Services suggested that the existing Pension Act, 1871 may be amended to repeal only those provisions in the Act, which have become irrelevant or redundant.

(B. Sadashiva Rao)
Advisor, K P&T PA

**COORDINATION COMMITTEE OF
CENTRAL GOVERNMENT PENSIONERS' ASSOCIATIONS, KARNATAKA (R)**

(Regd. under the Karnataka Societies Registration Act 1960: Regn. No. 1070/98-99)

212, "Kaveri", 7th 'A' Main, Hampinagar, Bengaluru-560 104. E-mail: cccgpabangalore@gmail.com

K.B. Krishna Rao, Chairman	S. Radhakrishna General Secretary	O.M. Bhaskaran Treasurer
Ph: 23230545 M. 9483467750	M: 9448880921	M: 23451578

CCCGPA has submitted Memorandum to the Cabinet Secretary, who is the Chairman of the Empowered Committee of Secretaries constituted to process the recommendations of the 7th Central Pay Commission on the following issue.

Revision of amount of Ex-gratia payable to pre-1986 SRPF/ CPF retirees and dependent family members of the deceased pre-1986 SRPF/CPF employees

The amount of Ex-gratia payable to pre-1986 SRPF/CPF retirees and dependent family members of the deceased pre-1986 SRPF/CPF employees was revised from 1-11-1997 and again with effect from 4th June 2013.

They are presently getting ex-gratia as follows (at 5th CPC level) :

Group - A	Rs. 3000 + DR
Group - B	Rs. 1000 + DR
Group - C	Rs. 750 + DR
Group - D	Rs. 650 + DR

7th Central Pay Commission seems to have not considered the request for enhancement of ex- gratia as the Pay Commission's Report is silent on the subject.

Hence, it is requested that they may be granted, under 7th CPC, Ex-gratia equal to minimum pension for group - D retirees recommended by 7th CPC and proportionate increased amount of ex-gratia for group - C, group - B and group - A in proportion to the existing basic ex-gratia for each group respectively.

Ex-gratia calculated with reference to the minimum pension of Rs 9,000 under 7th CPC for different groups works out to the following amounts:-

Category	Existing	Revised ex-gratia in Proportion to the minimum pension under 7 th CPC
Group - D	650	9000
Group - C	750	10400 (750 X 9000/650)
Group - B	1000	13850 (1000 X 9000/650)
Group - A	3000	41540 (3000 X 9000/650)

It is earnestly requested that the demand for revision of ex-gratia to SRPF/CPF beneficiaries from 1-1-2016 may please be considered favourably.

Yours faithfully,
K.B.Krishna Rao
Chairman, CCCGPA, Karnataka

CCCGPA-Management Committee Meeting

Management Committee meeting of Coordination Committee of Central Government Pensioners' Associations was held on 27.3.2016 at Udayabhanu Kala Sangha, Kempegowda Extension, Bengaluru 560019 at 11 AM.

As part of the Management Committee meeting, an interactive session on 'Diabetes and Hypertension-prevention and management' was organized. Shri S.Radhakrishna, General Secretary, CCCGPA welcomed the gathering and invited Dr.R.P.Joshi, CMO I/C, CGHS Wellness Centre, Koramangala to commence the session. Dr. Joshi gave a talk for 45 minutes and answered queries from the audience.

Dr.Joshi, thanking CCCGPA for organizing the talk, congratulated the Association for choosing the subject. He used power point presentation. He said that Diabetes and Hypertension, known colloquially as 'Sugar complaint' and 'BP', are interrelated and together create more harm than any other ailments. World Health Organization has chosen 'diabetes' as the theme for this year. Since 10 years, diabetes is more prevalent in India than in developed countries like USA because of change in lifestyle. 15% of the world diabetic patients live in India. Developed countries started awareness programme in the 70s and, as a result, it has come down there. In India, it has started now. BP or Hypertension is known as 'silent killer'. It is also caused by sedentary lifestyle. Smoking and consumption of alcohol are the other causes of hypertension. Whereas both diabetes and hypertension can be controlled by proper medication and change in lifestyle, if not checked in time, together they cause complications like gangrene, kidney, liver, eye, heart and nerve problems. Both diabetes and hypertension can be checked regularly at home itself with modern equipments, but prompt consultation with doctor is a must. Dr. Joshi also answered all

the questions of the audience patiently. The lecture was very much appreciated.

Shri K.B.Krishna Rao said that Dr. Joshi has been conducting Health awareness programmes in Kormangala CGHS, regularly and there will be another on 23.4.2016 at 3 PM. Registration is compulsory to attend. Shri S.Radhakrishna thanked Dr.Joshi. Shri B.Sadashiva Rao, Permanent Advisor to CCCGPA presented Dr.Joshi with a set of books as a token of appreciation.

The Management Committee Meeting started after the interactive session. A minute silence was observed in memory of Com.Bardhan, leader of the left movement in India who passed away on 2-1-2016 and Shri Edwin, Secretary, NCSM Pensioners' Welfare Association, an affiliate of CCCGPA who expired on 1-3-2016. Minutes of the last meeting dated 20-12-015 were taken as read and confirmed.

7th CPC: Shri Radhakrishna gave all the credit to Shri K.B.Krishna Rao for preparing the letter to DoP&PW and the Empowered Committee. It is learnt that instead of 2.57, the revision quotient may be 2.8, which is not confirmed. Shri K.B.K.Rao mentioned that Government may accept the 5th CPC formula for revision of pension which would be better than 6th CPC recommendation. Anyway, the picture regarding revision of pension may be clear by June 2016. Explaining in detail, he also mentioned that restoration of the commuted portion of pension should be after 12 years instead of the present 15 years.

SCOVA: The date for the next meeting of SCOVA is not yet fixed. Sri Krishna Rao explained the 5 issues for discussion suggested by KP&TPA and hoped that they would be included.

Pre-2006 Pensioners: CAT Principal Bench has issued favourable orders for

Pensioners with less than 33 years of service. JCA has demanded implementation of the Court Orders.

Pension Adalat: Sri O.M.Bhaskaran, Secretary KITDPA, reported that Income Tax Dept has arranged Pension Adalat. Date to be fixed. DoT is holding the Adalat regularly. In the last Adalat, there were no cases in SK Region of Postal Dept. Central Excise Dept held the Adalat in January 2016.

CGHS: More hospitals with NABH will be empanelled. Basavangudi WC is likely to be shifted to Banashankari III Stage. There is no progress in shifting Ganganagar WC. A member pointed out that there is lift problem in Polyclinic. Regarding CGHS facility to Pensioners of Autonomous Bodies, Shri Krishna Rao stated that CCCGPA had submitted a Memorandum to the Cabinet Secretary, Chairman of the Empowered Committee constituted to process the recommendations of 7th CPC requesting extension of CGHS to Pensioners of Autonomous bodies. The Health Ministry has now sent a reply stating that due to financial crunch the request cannot be acceded to. Shri Balaram, President, Coffee Board Pensioners Association announced that a convention of all Autonomous Bodies Pensioners' Associations will be held on 3.4.16 at Coffee Board to discuss the issue. Two

Members of Parliament are invited for the convention. He requested all CCCGPA Members to attend the convention. Shri N.Bhaskaran, Permanent Advisor, congratulated Shri Balaram for arranging this first convention and wished good luck.

Any other subject: Shri Krishna Rao announced that Indian Institute of Management Pensioners' Association has sought affiliation and it would become the 26th affiliate of CCCGPA and welcomed them. He also announced that AGB of KP&TPA is arranged for 4.6.16 (Saturday) at NGO's Hall, Cubbon Park, Bengaluru and invited all to attend the meeting. Shri Radhakrishna, GS, announced that next meeting of CCCGPA will be the Annual General Body Meeting itself which will be held in July or August. He said that a roster will be maintained in future to record the name of the hosts of the meetings. He requested the Affiliate Associations to intimate in advance the number of people attending the meeting. Retired Railway Officer Association volunteered to host the Next meeting. Krishna Rao thanked Shri Suryaprakash, Jt. G S, CCCGPA for arranging the venue for this meeting and for making all other arrangements.

Shri Suryaprakash thanked KCGPA for hosting the meeting and proposed vote of thanks. The meeting ended at 2 PM with lunch.

Adaptation to changing times

10 years back when I went to the temple, there was a big notice saying "Mobile Phones Prohibited".

5 years back it was changed to "Keep your mobile switched off".

Last year it read "Keep your mobile in Silent Mode".

Yesterday, it said: "**Selfie with the Lord, Rs.500**"...

Annual General Body Meeting of the Coordination committee of Central Govt. Pensioners' Association (CCCGPA), Karnataka is scheduled to be held on Sunday the 3rd July, 2016 at Udayabhanu Kala Sangha, Ramkrishna Mutt Layout, Kempegowdanagar, Bengaluru-560 019 at 10.30 a.m.

Voluntary seeding of Pension account with Aahaar number to facilitate submission of Digital Life Certificates (DLCs) By Pensioners through Jeevan Pramaan

Letter No. F.No. I/20/2016-P&PW (E) dated 20th May, 2106 Gol, Ministry of Personnel, P.G. and Pensions, Department of Pension and Pensioners' Welfare,

To
The Secretary
All Identified Pensioners' Associations

As you are aware, Department of Pension and Pensioners' welfare has been making efforts to ensure that all Central Government Pension accounts get seeded with Aadhaar number which will facilitate online submission of Life Certificate by Pensioners through Jeevan Pramaan. This facility is available in addition to other existing means for submission of Life Certificate.

2. The Bank branches are making all-out efforts to motivate the Pensioners to get their Aadhaar number seeded in Pension account, given the fact that seeding is of immense benefit to the Pensioners as they can furnish Life Certificate from the comfort of their homes and do not need to physically go to the Bank for this purpose. In this connection all Pension Disbursing Banks have been requested to organize special Aadhaar seeding Camps in all **Pension Paying Branches from 30th May, 2016 to 10th June, 2016.**

3. To speed up the process, this Department have also requested Chief Secretaries of all

States/UTs, Director General, Unique Identification Authority of India (UIDAI), the Registrar General and Census Commissioner of India, District Magistrates / Collectors of all States/ UTs to extend necessary assistance in the above effort.

4. It will be appreciated if your Pensioners' Association also join hands in motivating the Central Government Pensioners to make use of the special Aadhaar Seeding Camps being organised by Pension Paying Branches of the Banks and get their Pension account seeded with Aadhaar numbers which will facilitate submission of Digital Life Certificate (DLC) by them through Jeevan Pramaan.

Sd
Seema Gupta
Deputy Secretary to the Govt. of India

ALL INDIA CONSUMER PRICE INDEX

Month	CPI Base 2001=100	12 Months' Total	Monthly % increase Ave.	over 115.76
Jan 16	269	3152	262.67	126.90
Mar 16	268	3180	265	128.92

By. **K.B. Krishna Rao**

OBITUARY

Sri P.H.Rama Moorthy, LM-2092, Retd. Lecturer PTC Mysore, expired on 29-4-2016 at the age of 85 years. He leaves behind his wife, one son and 2 daughters

Sri Velayudhan, LM 553 Retd. Driver Grade-I MMS Bengaluru, expired on 1-5-2016 at the age of 77 years. He is survived by wife & a daughter

Sri B.L.Narasimhaswamy, LM- 1780 Retd Postman, Shivamogga Head Post office, expired on 11-5-2016 at the age of 85 years. He is survived by wife, 2 sons & a daughter

We convey our heartfelt condolences to the bereaved families

Subscription received for Pensioners' Champion in April-May 2016.

Rs.120/- Smt./Sri	Rs.120/- Smt./Sri	Rs.150/- Smt./Sri
200 R.Gajalakshmi	1699 D.N.Dalayath	S-214 T.Sankarakrishnan
442 M.S.Venkataramaiah	1721 M.V.Prahlada Rao	S-289 Kamal Peeran
549 S.L.Gopalakrishna	1827 P.Rajalakshmi	S-290 R.Selvarani
599 G.Shanmugha Vadivelu	1966 V.R.Joshi	S-291 S.S.Nandi
668 A.Ramamurthy	1970 V.Murugan	
726 P.Ramaswamy	2017 N.Nadarajan	Rs.200/- Smt./Sri
1100 M.R.Venugopalan	2057 A.Lawrence	2285 S.S.Nanda
1105 R.Padmasini	2157 V.Gopal	Rs. 240/- Smt./Sri
1131 K.B.Krishna Rao	2179 K.Devanathan	193 A.Keshava Bhat
1272 Venkatagiriappa	2261 T.R.Surendranath	1069 R.Srinivasan
1292 V.Ranganatha Rao	2307 M.Sathyannarayana Reddy	1085 M.N.Gopinath
1388 G.Gopal	2309 B.Rajanna	1087 A.Thulasi Das
		1143 J.S.Iyer

Rs. 240/- Smt./Sri	Rs. 300/- Smt./Sri	Donations received for Association		
		LM/ALM	Name (Smt./Sri)	Rs/-
1223 S.Natarajan	991 G.R.Parthasarathi	1420	P.K.Prabhu	4000
1326 K.Parimala	1853 V.R.K.Iyengar	2179	K.Devanathan	1000
1455 P.S.Krishna Moorthy	Rs. 500/- Smt./Sri	1105	R.Padmasini	500
1781 M.N.Shankar	2266 R.D.Desai	2266	R.D.Desai	500
1855 P.H.Shinde	Rs. 600/- Smt./Sri	1437	K.V.Ravi	400
1892 R.Shanmugham	147 M.Mirza Abdulla			
	1437 K.V.Ravi			

Newly Enrolled Members

Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1 Govinda	HMM, RMS "Q" Dn, Bg.	LM 2389
2 M. Dwarakanath	Driver Grade-I, Mail Motor Service, Bengaluru	LM 2390
3 K. Ranganatha	Assistant Manager, Speed NBC, Jayanagar HO, Bg.	LM 2391
4 K. Krishna Kumar	BCR Sorting Assistant, RMS Sorting Division, Bg.	LM 2392
5 C. Kantharaj	BCR Sorting Assistant, RMS Sorting Division, Bg.	LM 2393
6 M.K. Appayya	Principal Chief Conservator of Forest, Aranya Bhavan, Bg.	ALM 2394
7 D.P. Krishnamurthy Rao	Technical Officer 'B', LRDE, Bengaluru	ALM 2395

LM: Life Member

ALM: Associate Life Member

For the Attention of Members

Please furnish your email id (if any) & your Mobile Phone number to the Association to update the particulars in the "Members Register".

The information may please be furnished only through SMS/letter, if not furnished earlier.
Phone - 8197918085

Department of Pension and Pensioners' Welfare

MESSAGE

(For Central Government Pensioners)

Dear Pensioner,

As you are aware, Swachh Bharat Mission has been launched to achieve total sanitation and cleanliness by 2nd October, 2019. It is a key initiative to improve health and cleanliness in the Nation. In order to succeed, it has to become a people's movement by ensuring sustainable change in the behaviour of citizens.

It is, therefore, important that all efforts are made to mobilize people's participation and to ensure that the Mission truly becomes a **Citizen's Movement**.

Central Government Pensioners are a very significant constituent of society in view of their numbers, geographical spread and important position in society. You can make a great contribution and impact society in various ways. It is suggested that various activities relating to Swachhata such as cleaning of surroundings, organising workshops, cleanliness drives etc be organised. Award Functions etc in Associations, Social Clubs, Resident Welfare Associations may be organised. You may also continuously and specially between 16&31 May, 2016 sensitize people around you on cleanliness in the neighbourhood.

Join hands with the Government in this noble Mission and continue to the well being of the Nation and Society.

We would love to get a feedback from you along with photographs where possible.

Regd. Journal

If undelivered, please return to:

**Karnataka Posts and Telecommunications
Pensioners' Association (R)
165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar, Bengaluru-560 079.**

To

*Edited, Printed and Published by **Sri N. Bhaskaran** for and on behalf of **Karnataka P & T Pensioners' Association**, 1397, 23rd Main, Banashankari II Stage, Bangalore-560 070. and Printed at: **Omkar Hi-Prints**, No. 24, I Cross, I Main, Tata Silk Farm, Basavanagudi, Bangalore-4. Ph.: 9480184985*